

VARSITY RECREATIONAL CHEER DIVISIONS

This document contains the competitive recreational cheer division offerings for the 2023-2024 season. The age grid provides a list of divisions that may be offered by an Event Producer. An Event Producer does not have to offer every division listed.

All Recreational teams must classify as one of the following:

- **AFFILIATED**
 - The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2023-2024 cheer season.
- **NON-AFFILIATED**
 - Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

CLASSIFICATIONS

At the beginning of the season a program must classify if they are Affiliated or Non-Affiliated. This must be verified before the first competition. Once the team's affiliation has been declared, it may not change unless authorized by the Varsity Scoring division. For the 2023-2024 season, events will start with Affiliated and Non-Affiliated Teams combined. Event Producers will split the division into Affiliated and Non-Affiliated when there are at least 2 teams that will ultimately be registered in each respective division.

Affiliated and Non-Affiliated Recreational cheerleading organizations can register teams in Traditional and/or Performance divisions.

- **TRADITIONAL**
 - Routines must consist of Cheer & Music combination.
Routine Max: 2:30 minutes
Music Max: 1:30 minutes
- **PERFORMANCE**
 - Routine Max: 2:30 minutes

Traditional and Performance routines may be performed on a spring or foam floor. Check with your event producer to determine what type of floor will be used at the competition.

PERFORMANCE RECREATIONAL

AFFILIATED AND NON AFFILIATED

PERFORMANCE RECREATIONAL - DIVISIONS for 2023-2024					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
RECREATIONAL LEVEL 1					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2012 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2014 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2016 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 2.1 (Level 2 Building skills, Level 1 Tumbling skills.)					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 2					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2012 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills.)					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 3					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 4.2 (Level 4 Building Skills, Level 2 Tumbling Skills)					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
RECREATIONAL LEVEL 4					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum routine time.	Spring or Foam Floor
8-14 Years Old	2008-2015	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

TRADITIONAL RECREATIONAL

AFFILIATED AND NON AFFILIATED

TRADITIONAL RECREATIONAL - DIVISIONS for 2023-2024					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
RECREATIONAL LEVEL 1					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2012 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2014 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2016 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 2.1 (Level 2 Building skills, Level 1 Tumbling skills.)					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 2					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2012 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills.)					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL LEVEL 3					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
RECREATIONAL OPEN – ONLY OFFERED AT UCA SCHOOL EVENTS					
10-18 Years Old	6/1/2004-2013	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2008 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2010 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2012 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2014 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2016 and Later	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

RECREATIONAL DIVISIONS

EXHIBITION AND CHEERABILITIES - DIVISIONS for 2023-2024					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
RECREATIONAL EXHIBITIONS					
18 & Younger	6/1/2004 and Later	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor
CHEERABILITIES EXHIBITIONS					
Any Age	Any	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

2023-2024 AGE GRID							
BIRTH YEARS	DIVISIONS						
	6Y	8Y	10Y	12Y	14Y	8-14Y	10-18Y
2016 AND LATER	X	X	X	X	X		
2015		X	X	X	X	X	
2014		X	X	X	X	X	
2013			X	X	X	X	X
2012			X	X	X	X	X
2011				X	X	X	X
2010				X	X	X	X
2009					X	X	X
2008					X	X	X
2007							X
2006							X
2005							X
2004							X